

# Get the Facts...Club Drugs

## Slang Terms:

Ecstasy (MDMA): E, X, XTC

GHB: Liquid Ecstasy, Liquid X, Grievous Bodily Harm, Georgia Home Boy

Ketamine: K, Special K, Vitamin K, KitKat

Rohypnol: Roofies, R-2

## Method of Use:

Club drugs include a variety of drugs used at nightclubs, raves, and concerts. Some drugs come in a liquid or powdered form that can be dissolved in a drink, causing no change in the taste or smell of the drink. These drugs are sometimes used to sedate another person and can lead to sexual assault. Some club drugs may be snorted, smoked, or swallowed in pill form. Pills may be rolled in soft candy and eaten. Club drugs are often made in home labs, making it impossible to know the exact chemical content or how strong the drugs may be.

## The Stats:

- Ecstasy is the most commonly used club drug, but only 2% of 8<sup>th</sup>-12<sup>th</sup> graders use it on a regular basis.
- The number of U.S. high school students seen in emergency rooms for GHB use rose from 55 in 1994 to 4,969 in 2000, then declined to 3,340 in 2001.
- In 2002, almost 10% of Indiana 12<sup>th</sup> graders reported ever having used ecstasy, which is slightly less than the national average.

## Additional Resources:

[www.clubdrugs.org](http://www.clubdrugs.org)

[www.drugfreeamerica.org](http://www.drugfreeamerica.org)

[www.freevibe.com](http://www.freevibe.com)

[www.4girls.gov/choosing/drugs](http://www.4girls.gov/choosing/drugs)

[www.dare.com](http://www.dare.com)

[www.theantidrug.com](http://www.theantidrug.com)

## Warning Signs:

- Difficulty remembering things recently done or said
- Loss of coordination, dizziness, or fainting
- Confusion
- Depression
- Problems sleeping
- Chills or sweating
- Slurred speech

PLEASE NOTE: Each child is an individual, therefore, some of the signs of club drug abuse presented may also be "normal" adolescent behavior or signs of a mental health or physical condition.

## Effects on the body:

- Many club drugs give the user a burst of energy, which can lead to dehydration after a long night of non-stop dancing.
- Ecstasy can cause muscle tension, teeth clenching, nausea, and blurred vision. Users may suck on pacifiers to alleviate teeth clenching.
- Ecstasy affects the brain, leading to problems with critical thinking and memory. The damage caused can increase the risk of Parkinson's Disease.
- GHB and Rohypnol have been used in date rapes. They are sedatives that can make a person immobile and unconscious. Rohypnol can also cause amnesia, making victims unaware of what they did or said.
- Ketamine is a hallucinogen that causes visual distortions and a lost sense of time and identity. Use can lead to delirium, amnesia, impaired motor function and fatal breathing problems.
- Mixing club drugs together or with alcohol magnifies the harm and can be fatal.

## Sources:

"Tips for Teens: The Truth About Club Drugs." SAMHSA, 2000.  
"Ecstasy and Other Club Drugs." Journeyworks Publishing, 1998.  
[www.drugabuse.gov/Infifax/RohypnolGHB.html](http://www.drugabuse.gov/Infifax/RohypnolGHB.html).

The Indiana Prevention Resource Center Survey: 2003.  
[www.theantidrug.com](http://www.theantidrug.com).