Marketplace models and premiums: Evidence from the first open enrollment period

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Hallmark of ACA

- The Affordable Care Act (ACA) of 2010 included many provisions to make health insurance coverage more accessible and more affordable
- ACA health insurance marketplaces enrolled over 8 million individuals during the first open enrollment period

Marketplace Models

 Significant variation in state decisions regarding the design and implementation of states' marketplace

- Exchange Governance
- Plan Management Strategy
- Plan Management Authority

Governance

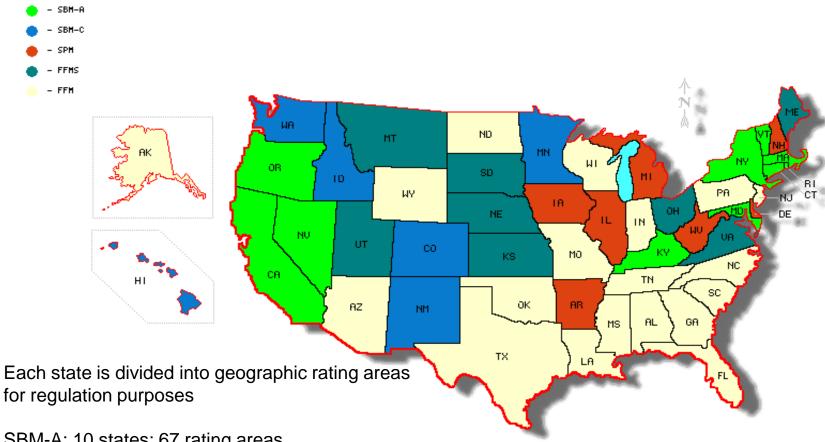
- State-Based
 - Manage the marketplace
 - Online portal for consumers
 - Raising revenue to fund the marketplace
 - Encourage enrollment through marketing/consumer assistance
- State-Federal Partnership
- Federally Facilitated

Plan Management Strategy

- State-Based Marketplace
 - Clearinghouse model (SBM-C)
 - All health plans that meet the published criteria are accepted to the Marketplace
 - Active purchaser (SBM-A)
 - States can directly negotiate premiums, provider networks, number and benefits of plans; and can contract with a select group of health plans
- Partnership Marketplaces and Federally Facilitated Marketplaces all had the clearinghouse model

Plan Management Authority

- In state-based marketplaces (SBMs) and in statefederal partnership marketplaces (SPM), state has the plan management authority
 - For example on approving qualified plans and being proactive in contracting with plans in regard to quality targets and premium rates
- In federally facilitated marketplaces
 - State conducts plan management (FFMS)
 - Federal government conducts plan management (FFM)



SBM-A: 10 states; 67 rating areas SBM-C: 7 states; 39 rating areas SPM : 7 states; 56 rating areas FFMS : 8 states; 58 rating areas FFM : 19 states; 281 rating areas

Source: diymaps.net(c)

Important questions

- Did plan premiums vary across state-based, partnership, federally facilitated governance models?
- Did premiums in state-based marketplaces with active purchaser models (SBM-A) differ from those with clearinghouse models (SBM-C)?
- Did premiums in federally facilitated marketplaces with states performing plan management (FFMS) differ others with federal plan management authority (FFM)?

Our study

- First look at marketplace implementation and assesses the premium differences across different marketplace models
 - Stratified analysis by plan type (bronze, lowest silver, second lowest silver and gold), and
 - Controlled for a rich set of plan characteristics and rating-area characteristics

Dependent variable: Premiums

- State marketplace websites and U.S. HHS website
 - By rating area: premiums and plan information for
 - Lowest cost bronze, lowest cost silver, lowest cost gold and second lowest cost silver plans
 - Premiums for a 29 year old non-smoker individual
- Health Insurance Exchange (HIX) Compare dataset
 - By rating area: premiums and plan information for all silver plans
 - Premiums for a 27 year old and a 50 year old nonsmoker individual

Control variables at the rating area level - baseline

- Number of participating insurance companies
- Hospital HHI
- Age-Race/ethnicity composition of population
- Uninsurance rate, unemployment rate, median household income
- Population health: Health status, diabetes, obesity, percapita medical costs

Sources: Exchange websites, County Health Rankings, Dartmouth Atlas Variables collected at the county level, and aggregated to rating area level

Control variables at the state level - baseline

- Rate review authority: prior approval or not
- Medicaid fee index
- Baseline average premiums
- Whether state recommended an essential health benefit (EHB) benchmark beyond the ACA default
- Whether the state expanded Medicaid under the ACA Medicaid expansion option.

Sources: Kaiser Family Foundation and the National Conference of State Legislatures

Statistical model

- Analysis 1: examined premiums of lowest cost plans by metal-type (bronze, silver, gold) as well as the secondlowest silver plans in each rating area
 - Unit of analysis: plan type for each rating area
- Analysis 2: examined premiums of all silver plans
 - Unit of analysis: each silver plan in each rating area
- Generalized estimating equations model
 - Log link, gamma distribution
 - Allow for correlation of errors within states
- Key independent variables: marketplace model indicators (SBM-A, SBM-C, SPM, FFMS, FFM)
 - Also control for plan benefit design (copay, deductible, OOP max) and other controls listed earlier

	SBM-A	SBM-C	SPM	FFMS	FFM
Number of insurers participating in the marketplace	5 (2.5)	4.5 (1.4)	4.1 (2.7)	3.9 (1.5)	3.2 (1.8)
% in a state with Medicaid expansion	100 (0)	82.1 (38.9)	98.2 (13.4)	29.3 (45.9)	4.3 (20.3)
% in a state with state recommended EHB	100 (0)	59.0 (49.8)	67.9 (47.1)	37.9 (48.9)	11.7 (32.3)
% obese	25.9 (4.2)	24.9 (4.6)	30.8 (2.8)	29.2 (2.9)	31.0 (4.5)
% diabetes	8.6 (1.5)	7.5 (1.6)	10.1 (1.9)	9.4 (1.6)	10.9 (2.1)
% uninsured	15.3 (5.9)	17.2 (5.3)	15 (3.3)	15.8 (2.7)	20.3 (5.2)

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	Lowest bronze	cost	Lowest silver	cost	Second cost sil	lowest ver	Lowest gold	cost
	Mean	Р	Mean	Р	Mean	Р	Mean	Р
		Diff from SBM-C		Diff from SBM-C		Diff from SBM-C		Diff from SBM-C
SBM-A	\$179.49	0.008	\$225.37	0.006	\$245.27	<0.001	\$266.91	0.007
SBM-C	\$157.53	Ref	\$196.92	Ref	\$205.30	Ref	\$233.96	Ref
SPM	\$182.51	0.004	\$229.87	0.003	\$242.72	0.001	\$272.92	0.003
FFMS	\$185.14	0.003	\$224.02	0.019	\$234.91	0.014	\$268.97	0.012
FFM	\$189.94	<0.001	\$233.16	<0.001	\$241.63	<0.001	\$277.35	<0.001

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Adjusted premiums of all silver plans by marketplace model

	27 ye	ar old	50 year old		
	Mean	Р	Mean	Р	
		Diff from SBM-C		Diff from SBM-C	
SBM-A	\$258.25	0.023	395.56	0.56	
SBM-C	\$221.64	Ref	380.46	Ref	
SPM	\$273.70	0.004	450.24	0.021	
FFMS	\$279.63	0.003	473.79	0.005	
FFM	\$263.79	0.012	446.62	0.020	

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Discussion

- First look at ACA marketplace premiums by marketplace model
- SBM with clearinghouse had the lowest premiums
 - Clearinghouse encourages more competition?
 - Maybe too early for active purchaser model to be active
- No statistically significant difference between SPM, FFMS and FFM
- Limited to first year of the marketplaces
- Provide a benchmark going forward

Thank You