

United States Courts  
Southern District of Texas  
FILED

August 13, 2020

David J. Bradley, Clerk of Court

**Sealed**  
Public and unofficial staff access  
to this instrument are  
prohibited by court order

**UNITED STATES DISTRICT COURT  
SOUTHERN DISTRICT OF TEXAS  
HOUSTON DIVISION**

**UNITED STATES OF AMERICA**

vs.

**CRIMINAL NO. 4:20-CR-355**

**JERMAINE DESHAN WEST**

**a.k.a. "BREADMAN"**

**BOBBY CHARLES PHARMS**

**JONATHAN WAYNE RAWLINS**

**CYNTHIA NGWABA, R.P.H.**

**LEON COVIN**

**ANTONIA VEGA**

**TONI MARIA NALINTYA**

**TERSHA FRENCH**

**a.k.a. KEISHA FRENCH**

**RONALD LUCAS**

**UNDER SEAL**

**INDICTMENT**

**THE GRAND JURY CHARGES THAT:**

**COUNT ONE**

**Conspiracy to Possess with the Intent to Distribute a Controlled Substance**

1. From on or about September 26, 2018 to on or about September 1, 2019, in the Southern District of Texas and elsewhere and within the jurisdiction of the Court, Defendants,

**JERMAINE DESHAN WEST a.k.a "BREADMAN",  
BOBBY CHARLES PHARMS,  
JONATHAN WAYNE RAWLINS,  
CYNTHIA NGWABA, R.P.H.,  
LEON COVIN,  
TONI MARIA NALINTYA,  
ANTONIA VEGA,  
TERSHA FRENCH a.k.a. KEISHA FRENCH,  
and  
RONALD LUCAS,**

did knowingly and intentionally combine, conspire, confederate, and agree with each other and with others known and unknown to the Grand Jury, to possess with the intent to distribute a controlled substance.

2. The overall scope of the conspiracy involved: (i) 500 grams or more of mixture and substance containing a detectable amount of methamphetamine, a Schedule II controlled substance; (ii) 500 grams or more of a mixture and substance containing a detectable amount of cocaine, a Schedule II controlled substance; (iii) hydrocodone, a Schedule II controlled substance; and (iv) oxycodone, a Schedule II controlled substance.

In violation of Title 21, United States Code, Sections 846, 841(a)(1), 841(b)(1)(A), 841(b)(1)(C).

**Purpose of the Conspiracy**

3. It was a purpose and object of the conspiracy for Defendants, and others known and unknown to the Grand Jury to unlawfully enrich themselves by, among other things: (a) supplying **JERMAINE DESHAN WEST, TERSHA FRENCH, RONALD LUCAS**, and others, known and unknown, with controlled substances; (b) purchasing controlled substances from legitimate and illegitimate sources; (c) using prescriptions—issued without a legitimate medical purpose and outside the course of any professional medical practice—to purchase, distribute, dispense, and divert controlled substances; (d) generating large profits from those controlled substances; and (e) diverting the proceeds from those controlled substances for their personal use and benefit.

**Manner and Means of the Conspiracy**

From on or about September 26, 2018, to on or about September 1, 2019, the manner and means by which the Defendants sought to accomplish the purpose and object of the conspiracy included, among other things:

4. **JERMAINE DESHAN WEST** obtained cocaine, a Schedule II controlled substance, from **BOBBY CHARLES PHARMS**.

5. **JERMAINE DESHAN WEST** obtained methamphetamine, a Schedule II controlled substance, from **JONATHAN WAYNE RAWLINS**.

6. **JERMAINE DESHAN WEST, TERSHA FRENCH, RONALD LUCAS**, and others, known and unknown to the grand jury, obtained prescriptions for controlled substances, including hydrocodone, oxycodone, and carisoprodol, in their own name and in the names of others.

7. **JERMAINE DESHAN WEST, TERSHA FRENCH, RONALD LUCAS**, and others, known and unknown to the grand jury, delivered prescriptions for controlled substances, including hydrocodone, oxycodone, and carisoprodol, to Barker Cypress Pharmacy and Ennis Street Pharmacy.

8. **CYNTHIA NGWABA, R.P.H**, owned and operated Barker Cypress Pharmacy, a pharmacy licensed with the Texas State Pharmacy Board and registered with the Drug Enforcement Administration. Barker Cypress Pharmacy was authorized to dispense controlled substances based on prescriptions issued for a legitimate medical purpose by practitioners acting within the usual course of their professional practice. **CYNTHIA NGWABA, R.P.H** employed **LEON COVIN** and **TONI MARIA NALINTYA** as Pharmacy Technicians at Barker Cypress

Pharmacy.

9. **CYNTHIA NGWABA, R.P.H, LEON COVIN, and TONI MARIA NALINTYA** distributed and dispensed controlled substances, including hydrocodone, oxycodone, and carisoprodol, from Barker Cypress Pharmacy to **JERMAINE DESHAN WEST, TERSHA FRENCH, RONALD LUCAS**, and others, known and unknown to the grand jury, based on prescriptions issued without a legitimate medical purpose and outside the course of any professional medical practice. **CYNTHIA NGWABA, R.P.H, LEON COVIN, TONI MARIA NALINTYA**, and others known and unknown to the grand jury, dispensed approximately more than 60,000 pills of hydrocodone and 57,000 pills of oxycodone from Barker Cypress Pharmacy.

10. **PHARMACIST 1** was employed as Pharmacist-in-Charge at Ennis Street Pharmacy, a pharmacy licensed with the Texas State Pharmacy Board and registered with the Drug Enforcement Administration. Ennis Street Pharmacy was authorized to dispense controlled substances based on prescriptions issued for a legitimate medical purpose by practitioners acting within the usual course of their professional practice. **ANTONIA VEGA** was employed as an unlicensed pharmacy technician at Ennis Street Pharmacy.

11. **PHARMACIST 1, ANTONIA VEGA**, and others known and unknown to the grand jury, distributed and dispensed controlled substances, including hydrocodone and carisoprodol, from Ennis Street Pharmacy to **JERMAINE DESHAN WEST, TERSHA FRENCH, RONALD LUCAS**, and others, known and unknown to the grand jury, based on prescriptions issued without a legitimate medical purpose and outside the course of any professional medical practice. **PHARMACIST 1, ANTONIA VEGA**, and others known and unknown to the grand jury, dispensed approximately more than 220,000 pills of hydrocodone from

Ennis Street Pharmacy.

**COUNT TWO**  
**Possession with Intent to Distribute a Controlled Substance**

12. The allegations contained in Count 1 of this Indictment are incorporated here. On or about October 20, 2018, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,**  
**and**  
**BOBBY CHARLES PHARMS,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance. This violation involved a mixture and substance containing a detectable amount of cocaine, a Schedule II controlled substance. Additionally, this violation occurred within 1000 feet of the real property comprising Worthing High School, a public secondary school in Houston, Texas.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), 860, and Title 18, United States Code, Section 2.

**COUNT THREE**  
**Possession with Intent to Distribute a Controlled Substance**

13. The allegations contained in Count 1 of this Indictment are incorporated here. On or about December 6, 2018, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,**  
**and**  
**BOBBY CHARLES PHARMS,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance. This violation involved a mixture and substance containing a detectable amount of cocaine, a Schedule

II controlled substance. Additionally, this violation occurred within 1000 feet of the real property comprising Worthing High School, a public secondary school in Houston, Texas.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), 860, and Title 18, United States Code, Section 2.

**COUNT FOUR**  
**Possession with Intent to Distribute a Controlled Substance**

14. The allegations contained in Count 1 of this Indictment are incorporated here. On or about February 12, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,**  
**and**  
**BOBBY CHARLES PHARMS,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance. This violation involved a mixture and substance containing a detectable amount of cocaine, a Schedule II controlled substance. Additionally, this violation occurred within 1000 feet of the real property comprising Worthing High School, a public secondary school in Houston, Texas.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), 860, and Title 18, United States Code, Section 2.

**COUNT FIVE**  
**Possession with Intent to Distribute a Controlled Substance**

15. The allegations contained in Count 1 of this Indictment are incorporated here. On or about April 10, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,**  
**and**

**BOBBY CHARLES PHARMS,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance. This violation involved a mixture and substance containing a detectable amount of cocaine, a Schedule II controlled substance.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), and Title 18, United States Code, Section 2.

**COUNT SIX**

**Possession with Intent to Distribute a Controlled Substance**

16. The allegations contained in Count 1 of this Indictment are incorporated here. On or about April 10, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,  
and  
JONATHAN WAYNE RAWLINS,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance. This violation involved 500 grams or more of mixture and substance containing a detectable amount of methamphetamine, a Schedule II controlled substance.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(A), and Title 18, United States Code, Section 2.

**COUNT SEVEN**

**Possession with Intent to Distribute a Controlled Substance**

17. The allegations contained in Count 1 of this Indictment are incorporated here. On

or about February 28, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,  
and  
ANTONIA VEGA,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance without a legitimate medical purpose and outside the scope of professional practice, to wit: hydrocodone, a Schedule II controlled substance.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), and Title 18, United States Code, Section 2.

**COUNT EIGHT**  
**Possession with Intent to Distribute a Controlled Substance**

18. The allegations contained in Count 1 of this Indictment are incorporated here. On or about April 3, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,  
CYNTHIA NGWABA, R.P.H.,  
LEON COVIN, and  
TONI MARIA NALINTYA,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance without a legitimate medical purpose and outside the scope of professional practice, to wit: hydrocodone and oxycodone, both Schedule II controlled substances.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), and Title 18, United States Code, Section 2.



**COUNT NINE**  
**Possession with Intent to Distribute a Controlled Substance**

19. The allegations contained in Count 1 of this Indictment are incorporated here. On or about April 24, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,  
CYNTHIA NGWABA, R.P.H.,  
LEON COVIN, and  
TONI MARIA NALINTYA,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance without a legitimate medical purpose and outside the scope of professional practice, to wit: hydrocodone and oxycodone, both Schedule II controlled substances.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), and Title 18, United States Code, Section 2.

**COUNT TEN**  
**Possession with Intent to Distribute a Controlled Substance**

20. The allegations contained in Count 1 of this Indictment are incorporated here. On or about August 27, 2019, in the Southern District of Texas, Defendants

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,  
CYNTHIA NGWABA,  
LEON COVIN, and  
TERSHA FRENCH,**

aided and abetted by each other and by others known and unknown to the Grand Jury, did knowingly and intentionally possess with the intent to distribute a controlled substance without a legitimate medical purpose and outside the scope of professional practice, to wit: hydrocodone and oxycodone, both Schedule II controlled substances.

In violation of Title 21, United States Code, Sections 841(a)(1), 841(b)(1)(C), and Title 18, United States Code, Section 2.

**Notice of Criminal Forfeiture**

21. Pursuant to Title 21, United States Code, Section 853, the United States gives notice to defendants:

**JERMAINE DESHAN WEST a.k.a “BREADMAN”,  
BOBBY CHARLES PHARMS,  
JONATHAN WAYNE RAWLINS,  
CYNTHIA NGWABA,  
LEON COVIN,  
ANTONIA VEGA,  
TERSHA FRENCH a.k.a. KEISHA FRENCH,  
and  
RONALD LUCAS,**

that, in the event of conviction of an offense in violation of Title 21, United States Code, Sections 841 or 846, the following is subject to forfeiture:

- (1) all property constituting, or derived from, any proceeds obtained, directly or indirectly, as the result of such violation; and
- (2) all property used or intended to be used, in any manner or part, to commit, or to facilitate the commission of, such violations.

**Property Subject to Forfeiture**

22. Defendants are further notified that the property subject to forfeiture includes, but is not limited to, \$19,170 in US Currency seized by law enforcement.

**Money Judgment**

23. Defendants are notified that in the event of conviction, a money judgment may be imposed equal to the total value of the property subject to forfeiture.

**Substitute Assets**

24. In the event that one or more conditions listed in Title 21, United States Code, Section 853(p) exists, the United States will seek to forfeit any other property of the defendant up to the total value of the property subject to forfeiture.

**A TRUE BILL**

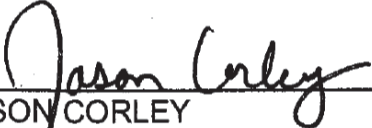
**Original Signature on File**

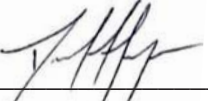
**FOREPERSON OF THE GRAND JURY**

**RYAN K. PATRICK  
UNITED STATES ATTORNEY  
SOUTHERN DISTRICT OF TEXAS**

**ALLAN MEDINA  
CHIEF, HEALTH CARE FRAUD UNIT  
FRAUD SECTION, CRIMINAL DIVISION  
U.S. DEPARTMENT OF JUSTICE**

By:

  
\_\_\_\_\_  
JASON CORLEY  
Assistant United States Attorney  
Southern District of Texas

  
\_\_\_\_\_  
Devon Helfmeyer  
Trial Attorney  
Fraud Section, Criminal Division