

PROGRAM ELIGIBILITY:

- ❖ Women who have been referred to the program from the Drug and Mental Health Courts.
- or
- ❖ Women referred by other community correction partners.
- or
- ❖ Women without a history of a Substance Use Diagnosis that may benefit from Trauma Informed Care

FEES TO ACCESS PROGRAM:

There are no fees for services provided through this program. Funding is provided by Wayne County Dept. of Health, Human & Veteran Services.

Please email the completed form to emccann@waynecounty.com

EQUAL OPPORTUNITY PROGRAM/EMPLOYER:

Black Family Development, Inc. provides culturally sensitive and competent services and does not discriminate based on race, religion, ethnic background, sex, sexual orientation, national origin, disability, or gender identity.

AUXILIARY ADS & SERVICES:

are available upon request to individuals with disabilities. Vision impaired services can be accessed upon request. **Hearing Impaired Consumers** may access the **TTY: 711**



BFDI is accredited by CARF



Black Family Development, Inc.

A WOMAN'S HOPE RELAPSE PREVENTION

Helping Ourselves to Produce Excellence (HOPE)



ADMINISTRATIVE OFFICE:

2995 East Grand Boulevard
Detroit, Michigan 48202

Phone: (313) 758-0150 ~ Toll Free: 1 855-407-3933

Fax: (313) 758-0255

www.blackfamilydevelopment.org

ASSESSMENT PROCESS:

Court Referrals from Probation:

- ❖ BFDI Referral form
- ❖ Compas Risk Assessment
- ❖ Basic Information Report

SUCCESSFUL PROGRAM COMPLETION:

Once an individual has successfully completed the 10-week Relapse Prevention Program, they will receive a certificate of completion to acknowledge and validate participation.

PROGRAM SERVICES:

- ❖ Mindfulness-Based Relapse Prevention Group (or individually on a case-by-case basis).
- ❖ Case Management / individual sessions
- ❖ Bus tickets and transportation
- ❖ Milestone Celebrations
- ❖ Specific Assistance
- ❖ Childcare

Sessions will be held
at 5555 Conner Detroit, MI
Group will be held twice a week on:
Thursdays 1-2:30pm & Saturdays TBD
Individual sessions as agreed upon.

PROGRAM GOAL:

The goal of the program is to assist women in successfully completing the court requirements by way of attainment of relapse prevention goals and successful community integration.

PROGRAM OVERVIEW:

Women experience substance abuse and mental health concerns in ways that are unique to their lives. For women looking to manage their recovery, a women-only intervention program may be the best option for a successful journey.

Mindfulness-based relapse prevention helps those in recovery use trauma informed tools to manage automatic and unhelpful reactions to triggers. Allowing women, a safe, supportive environment in which to heal affords a better healing experience.