HOW CAN I TAKE San Diego Stands HATE AGAINST AGAINST





INDIVIDUAL EVENTS

#1: Hang a UAH Poster/Create a Poster Distribution Center

#2: Speak Up/Hold a conversation

#3: Make a UAH Banner

#4: Gather Friends, Co-Workers, Classmates to Practice Standing up to Bigoted Remarks or Hate Speech, in Person or Online

#5: Post and Promote UAH Week on social media

#6: Stand Up against hate with the United Against Hate Pledge.

GROUP EVENTS

#7: UAH themed book list for book clubs, libraries and schools

#10: Dedicate a Peace Object

#11: Hold a Unity Walk

#12: UAH theme sports game or 10k run

#13: Organize a student march/rally

#14: Ask local artists to contribute works with a stop hate or pro-inclusion theme for an exhibit in a public space.

#15: Host a Poetry Slam

#16: Organize a Tribute Concert to raise awareness and possibly funds for UAH or victims of hate crimes

#17: Host a facilitated intervention training to practice speaking up & standing up to hate

#18: Organize a "Teach-in", or a panel of community leaders, professors or subject experts to discuss the latest hate crime statistics

#19: Create a UAH theme community potluck

#20: Convene faith leaders to discuss joint actions to respond to hate