

From: Joanne Kingsbury <saehild@msn.com>
Sent: Tuesday, December 29, 2009 3:14 AM
To: ATR-Agricultural Workshops <agriculturalworkshops@usdoj.gov>
Subject: comments

I am a woman, age 73 with multiple sensitivities and allergies to much of the food that is sold at the grocery store. If I buy organic, it costs too much and I can't afford to do it all the time. I am allergic to corn and wheat and all glutes. Also I can't eat much dairy. So you can see the challenge I face with so much corn and glutes added to almost everything sold in the store. The tendency to have large food corporations just makes the problem worse. Also we need better labeling on food including the fresh fruits and vegetables. Where was it grown, were many pesticides used and are they genetically modified? For me genetically modified may mean that corn is used during the modification which is bad for me and others like me. If I eat the wrong food it affects my intestinal tract which gives me diarrhea and or migraine headaches or asthma. Also the tendency to put nitrates in food which is guaranteed to give me a severe migraine. Also if I find a gluten free product I have to read the label to be sure corn (which is not a gluten) is not used. Also the use of antibiotics and hormones in our meat supply is definitely not good.

Please consider my comments.

Sincerely,

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