

From: Gina Alianiello <galianiello@hotmail.com>
Sent: Wednesday, December 30, 2009 3:09 PM
To: ATR-Agricultural Workshops <agriculturalworkshops@usdoj.gov>
Subject: Farmers and my health insurance

Dear Justice Department,

I was very sick without health insurance. The only way I got better was to eat food off of smaller farms-- food that is nutrient dense and not ruined from factory farm practices. The funny thing was that I ended up needing **less** food, because the food was actually filled with nutrients. I have learned what a myth it is that small holistic farms don't produce a lot of food. They end up producing more food. I end up needing less meat and milk--and I am now healthy again.

The food in the supermarkets is Obscene. It is empty and raised on chemicals and dead soil.

Let's tune into some common sense and real stories like mine.

Thank you,

Gina Aianiello