

# Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



# Behavioral Health 2010: *Challenges and Opportunities*

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**Rockville, Maryland • May 26, 2010**



# Where Are We As a Field?

**What's ahead?**

**How will  
SAMHSA lead?**

**How can the Council help  
shape the direction?**



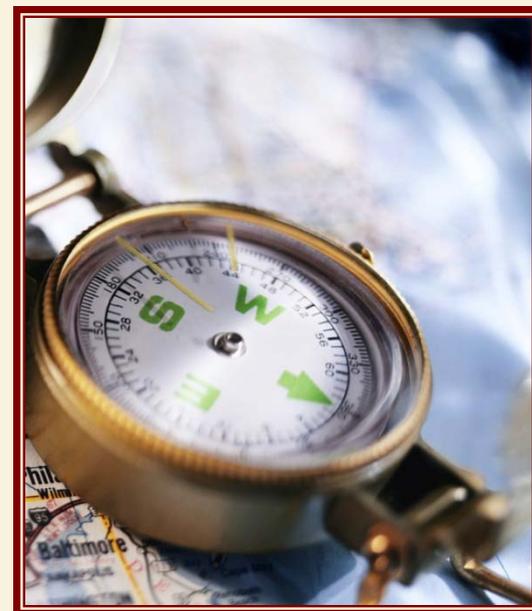
# SAMHSA's Direction

➔ **Mission:** To reduce the impact of substance abuse and mental illness on America's communities

➔ **Roles:**

- Voice & Leadership
- Funding-Service Capacity Development
- Information/Communications
- Regulation and Standard Setting
- Improve Practice

➔ **10 Strategic Initiatives**



# SAMHSA's 10 Strategic Initiatives

## → Provides Focus

- Budget planning
- Program development (New RFAs)

## → Aligns Resources

- Block Grants, formula grants, discretionary grants, contracts
- Human capital/program management

## → Creates Consistent Message

## → A Work in Progress

- Public input/open government

# SAMHSA's 10 Strategic Initiatives

1. **Prevention of Substance Abuse and Mental Illness**
2. **Trauma and Justice**
3. **Military Families—Active, Guard, Reserve, and Veteran**
4. **Health Reform**
5. **Housing and Homelessness**
6. **Jobs and Economy**
7. **Health Information Technology for Behavioral Health Providers**
8. **Behavioral Health Workforce—In Primary and Specialty Care Settings**
9. **Data, Quality, and Outcomes**
10. **Public Awareness and Support**

# 1. Prevention of Substance Abuse and Mental Illness

## 2. Trauma and Justice

*SAMHSA's 10 Strategic Initiatives*

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### → **Prevention**

- SA/MI Prevention Through Prevention Prepared Communities
- Suicide
- Underage Drinking/Alcohol Policies
- Tobacco Use Among Persons with SA/MI
- Prescription Drug Abuse

### → **Trauma and Justice**

- Trauma Informed Care and Screening
- Prevention & Diversion from JJ & Adult Criminal Justice Systems
- Impacts of Violence and Trauma on Children/Youth
- Incidence of Community Violence

# 3. Military Families—Active, Guard, Reserve, and Veteran

## 4. Health Reform

### → **Military Families**

- Homelessness
- Prevention for families
- Access to Services in Civilian Service System (TRICARE)
- Suicide

### → **Health Reform**

- Affordable Care Act
- Medicaid/Medicare
- Block Grants
- Parity

# Affordable Care Act

For millions of Americans the new health reform law significantly enhances access to healthcare, including prevention and treatment services for mental and substance use disorders



# Affordable Care Act

- Victory for American families, for seniors; for workers and small businesses
- Holds insurance companies accountable to keep premiums down, prevent denials of care and coverage, including for pre-existing conditions
- Makes health insurance affordable for middle class and small businesses with one of largest tax cuts for health care in history - - reducing premiums and out-of-pocket costs
- Expands health insurance coverage to 32 million Americans, guaranteeing that 95 percent of Americans will be covered

# What's in Affordable Care Act for Behavioral Health?

## COVERAGE

- Expands Medicaid to 133% FPL—an estimated 16 million new enrollees, of which 1/3 are likely to have MI/SUD service needs—further strains treatment capacity shortages
- Focus of grant dollars will be for community prevention, wellness, and support services not paid for through insurance benefit plans
- Changes in Medicaid to assist youth to maintain coverage in times of transition will provide funding source, but still does not address other transition issues
- Allows dependent coverage to age 26 **(2010)**
- Elimination of pre-existing condition exclusions and policy terminations; guaranteed renewability critical for populations that often have been excluded **(2010)**
- Expanded options in home and community-based services for individuals with mental health and substance use disorders supports recovery orientation

# What's in Affordable Care Act for Behavioral Health?

## SERVICES

- New home visiting programs for young children—with a focus on families with substance use disorders
- Programs to expand “medical homes” to include behavioral health
- School-based health clinics to provide mental and substance use disorder assessments, crisis intervention, counseling, treatment
- Begin closing Medicare “doughnut hole” for prescription drugs for seniors and disabled individuals **(2010)**
- Establishes a “Medicaid Emergency Psychiatric Demonstration”

# What's in Affordable Care Act for Behavioral Health?

## PARITY

- Parity required in essential benefits plans offered through exchanges
  
- Parity law requires parity in private health plans that choose to offer MH/SUD



# What's in Affordable Care Act for Behavioral Health?

## PREVENTION

- Prevention research programs and national prevention plans
- Coverage of preventive services in benefits packages, including SBIRT, without cost-sharing
- Allowing states to cover prevention services under Medicaid **(2010)**
- Prevention Trust Fund

## TRAINING & RESEARCH

- Increased patient-centered health research
- Training grants for behavioral health workforce
- Training on MH/SUD for Primary Care Extender

# What's in Affordable Care Act for Behavioral Health?

## COSTS & FUNDING

- Tax credits for small businesses offering coverage **(2010)**
- Tax credits for individuals purchasing insurance
- Vouchers for low-income individuals not eligible for Medicaid to purchase insurance through exchanges
- Increased Medicaid and commercial insurance funding of mental health and substance abuse services
- Allows SAMHSA block grant and grant dollars to be focused on recovery plans and support services not paid for through insurance benefit

# What's in Affordable Care Act for Behavioral Health?

## SUPPORT FOR WORKFORCE DEVELOPMENT

- Funding for residencies for behavioral health included with other disciplines
- Loan repayment programs
- Push towards more national certification standards
- Push towards re-licensure and re-certification



# SAMHSA's Role in Affordable Care Act

- Consultation regarding health homes (in health and community mental health settings)
- Primary care/behavioral health integration (both directions)
- Centers of Excellence on Depression (up to 10, if funded)

# Other SAMHSA Implementation Activities

- ➔ Workforce Development and Training Grants (with HRSA)
- ➔ Dual Eligibles (with CMS)
- ➔ SA/MH Services (and Definitions):
  - Essential Benefits in Health Insurance Exchange Plans
  - Medicaid Benchmark Plans
  - Medicaid Waiver Programs
- ➔ Consumer Operated/Peer Services
- ➔ SAMHSA's Technical Assistance for and Process with States and Providers

# 5. Housing and Homelessness

# 6. Jobs and Economy

## → Housing/Homelessness

- Permanent Supportive Housing for Chronically Homeless Persons with SA/MI
- Homeless Veterans
- Homeless Families
- Address Policy, Financial, and Capacity Barriers
- ICEH Report

## → Jobs and Economy

- BH Impacts of Economic Situation
- Jobs for Persons with SA/MI
- Employer and Workplace

# 7. Health Information Technology (HIT) for Behavioral Health Providers

## 8. Workforce

### → **Health Information Technology**

- Provider Adoption/Implementation of EHRs
- EHR Standards and Quality Measures
- Privacy/Confidentiality Issues

### → **Workforce**

- Numbers and Distribution of Workforce
- Primary Care/BH Integration
- Use of Peers, Recovery Coaches, Paraprofessionals
- EBP Practices and Thinking
- Recovery in Professional Curricula and Competencies

# 9. Data, Outcomes, and Quality

# 10. Public Awareness and Support

*SAMHSA's 10 Strategic Initiatives*

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## → **Data, Outcomes, and Quality**

- Single SAMHSA Data Platform
- Common Data Requirements for States
- Common Evaluation and Service System Research Framework
- Quality of Services (Including EBPs)
- Prevention Billing Codes
- Recovery Measures

## → **Public Awareness and Support**

- SAMHSA Branding
- Consolidation of Websites
- Common Fact Sheets
- Single 800 #
- Consistent Messages – Communications Plan for Initiatives
- Use of Social Media

# SAMHSA Key Messages

- Behavioral health is essential to health
  - Improves health status
  - Lowers costs for families, businesses, and governments
- Prevention works
- Treatment is effective
- People recover



# SAMHSA Principles

## → People

- *Stay focused on the goal*



## → Partnership

- *Cannot do it alone*



## → Performance

- *Make a measurable difference*

