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BETH ISRAEL AMBULATORY SURGI-CENTER

3131 Kings Highway Suite B5

Brooklyn, N.Y. 11234

DR. LUDWIG LICCIARDI, M.D., P.C.

Diplomate of A.A.O.S.

ORTHOPEDIC SURGERY

PRE-OPERATIVE SURGERY INSTRUCTIONS

PLEASE OBSERVE THE FOLLOWING INSTRUCTIONS, AND CALL THE SURGI-CENTER TO SCHEDULE AN APPOINTMENT FOR YOUR TESTING. PLEASE CALL THE OFFICE AT (718) 258-9200, MONDAY THROUGH FRIDAY 7AM TO 5PM TO MAKE ARRANGEMENTS

IN THE DAY OF PRE-SURGICAL TESTING Please report to ROOM B5 ON THE MAIN FLOOR at SURGI-CENTER. At our schedule time. The pre-surgical testing process takes approximately 20 minutes.

BEFORE SURGERY:

Please do not drive yourself to the Surgi-Center. Discounted valet parking is available for an escort who will drive you. Directions to the Surgi-Center are attached with this form. There is a designated waiting area in the Center for our escort to wait. However, space is limited, so please have no more than two (2) adults in company with you. Patients under 18 years old must have an adult remain with them throughout the patient's stay.

You will receive a phone call from the Surgi-Center on the day before your scheduled surgery. At this time we will confirm the time of your arrival, review important preoperative instructions and answer any questions you might have regarding your planned surgery or procedure. If your procedure is scheduled on a Monday, you will be called the previous Friday. If you do not hear from the Surgi-Center by 3pm on the day prior to surgery or if you have any other questions regarding your planned procedure, please feel free to call us at (718) 258-9200.

Insurance Policy:

Patients are responsible for deductibles, co-payments and any unpaid portion of the bill. For those patients who are insured, co-payments and/or deductibles will be billed to you at a later date. It is the policy of the Surgi-Center to receive payment in full at the time of service for all uninsured patients.

Do not eat or drink anything after midnight the night before surgery. This includes gum, candy, water, coffee, or tea. Failure to follow these instructions could result in cancellation of your procedure.

If you take medication regularly for any heart condition or high blood pressure, you should take your medication on the day of your surgery or procedure with as little water as possible.

We recommend that you wear casual, comfortable loose fitting clothing that will be easy to put back on following your surgery. The Surgi-Center will provide you with a robe, slippers and a plastic bag to hold your clothing.

Please do not wear contact lenses, makeup or nail polish.

You may wear eyeglasses, hearing aids or dentures to the Surgi-Center, however you will be asked to remove them before the procedure. Please bring the appropriate containers for storage of these items.

Do not bring any valuables or jewelry. Beth Israel Ambulatory Surgi-Center cannot be responsible for lost, misplaced, stolen or damaged property.

Please be sure to bring your insurance cards and/or forms with you. If you are insured by an HMO or other managed care company you will be required to bring your referral forms and/or authorization with you. Please call your insurance company to confirm your coverage prior to the day of your surgery. The Surgi-Center accepts Medicare, Medicaid, Blue Cross, GHI, HIP, other medical insurance and most managed care plans

Exempt from FOIA - Confidential Treatment Requested BKLYN 00000026

Take the following medications as directed:

- Bextra 10mg, Bextra 20mg, QD, BID, Celebrex 200mg, QD, BID



Here to Go: Please enter through the main entrance and proceed to Suite B5. The receptionist will confirm all of your information and direct you to the appropriate area.

Anesthesia

If you require anesthesia, your physician will consult with an anesthesiologist. Prior to your surgery, the anesthesiologist will meet with you to discuss your anesthesia care.

Important: Before surgery, report any changes in your health to your surgeon immediately. This includes one or more of the following symptoms (e.g. nausea, sore throat, swelling, fever, cough, infections, pain, etc.).

Post-Surgical Monitoring

Following the procedure, you will spend a period of time in the Recovery Room where your vital signs and general condition will be closely monitored by a registered nurse. Visitors are permitted in the Recovery Room, but we ask that visits be brief because space is limited. If your doctor permits, you will be provided with a light snack.

When the anesthesiologist determines that you are sufficiently recovered and you are able to walk without discomfort, you will be ready for discharge. The nurse will provide you with a written copy of your physician's discharge instructions, including medications, diet and other postoperative care. The nurse will review the instructions with you. Any questions you may have regarding your care at home will be answered at this time.

At Home

Be sure to follow carefully your doctor's instructions regarding diet, rest and medication for pain or other reasons. Please remember to do things in moderation until your physician indicates that you are able to return to your usual routine, including going back to work.

If you should have any difficulties arise following your discharge, call your physician immediately. If your physician is not available, call Beth Israel Medical Center - Kings Highway Division's Emergency Room at (718) 951-2900.

Post-Operative Telephone Call

A nurse from the Surgi-Center will call you the day after your procedure to see how you are feeling and to answer any of your questions. If your surgery was performed on a Friday, our nurse will contact you on Monday. Please do not hesitate to call the Surgi-Center at (718) 258-8200 should you have any questions regarding your procedure or condition during the days following your discharge.

NOT FOR DEALING

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