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PRE-OPERATIVE SURGERY INSTRUCTIONS

PLEASE OBSERVE THE FOLLOWING INSTRUCTIONS, AND CALL YOUR DOCTOR IF YOU HAVE ANY QUESTIONS

Please report to _____ at _____ Hospital
_____ PM/AM on day _____ 200 _____ for _____

- Do not eat or drink anything after midnight the night before surgery. This includes gum, candy, water, coffee, milk, orange juice or as directed by doctor.
- It is important to have someone available to drive you home. You are not allowed to Drive yourself Home.
- Keep all post operative surgical dressings clean and dry.
- If you wear contact lenses/glasses and/or a hearing aid(s), please bring their cases for safekeeping.
- Before surgery, report any changes in your health to your surgeon immediately. If you have a cold or any signs of infection (toothaches, large boil, temperature, etc.), please call the office and appropriate action can be taken.
- Do not wear any jewelry, make-up, or own sandtones to the hospital.
- Wear loose comfortable clothing and sneakers so you can get easily dressed to go home.
- If you have been given any paperwork by your doctor, please bring it with you on the day of surgery (Medical Evaluation, History/Physical, Doctor's Order, Laboratory Results, EKG results, X-Rays, Consent, etc.). Medical Doctor Clearance
- Stop taking all aspirin and anti-inflammatory products (e.g. Motrin, Ibuprofen, Naprosyn, etc.) at least 7 days before surgery.
- If you need to take medication the morning of surgery, this medication may be taken as prescribed with a sip of water, not coffee or OJ, etc. If you are diabetic, do not take diabetic medication the morning of surgery. (discuss with your M.D.)

Other special instructions _____

Important for surgery: After your surgery a friend or family member 18 years old or older must bring you home.

Additional Advice After Surgery from your doctor:

You are scheduled to see your doctor: At: _____ am / pm
On: _____, 20____

- Take the following medications as directed:
1. Bextra™ 10mg (1 to 2 BID) Bextra™ 20mg (1 BID, PRN)
 2. Celebrex™ 200mg (1 to 2 tabs by mouth every 4 to 6 hours as need)
 3. Ultracet _____
 4. Vioxx 12.5 or 25mg once a day

**(discontinue above medications if GI problems)

