

CENTRAL BROOKLYN MEDICAL GROUP

HIP CENTER

6300 8<sup>th</sup> Ave.

Brooklyn, New York 11220

(718) 439-2000

**DR. WILMA M. HUNTS-WATTS, D.P.M.**

**PRE-OPERATIVE SURGERY INSTRUCTIONS**

**PLEASE OBSERVE THE FOLLOWING INSTRUCTIONS, AND CALL YOUR DOCTOR IF YOU HAVE ANY QUESTIONS**

Do not drink alcoholic beverages for 24 hours.

If you need to take medication the morning of surgery, this medication may be taken as prescribed with a sip of water. If you are diabetic, do not take diabetic medication the morning of surgery.

Do not wear any jewelry, make up, or nail polish to the hospital.

If you are planning to return home the same day, it is important to have someone available to drive you home. You are not allowed to Drive yourself Home.

Please take a shower or bath the night before or morning of surgery.

If you wear contact lenses/glasses and/or a hearing aid(s), please bring their cases for safekeeping.

Wear Loose comfortable clothing and low heels so you can get easily dressed to go home.

If you have been given any paperwork by your Doctor, please bring it with you on the day of surgery (Medical Evaluation, History/Physical, Doctor's Order, Laboratory Results, EKG results, X-Rays, Consent, etc.).

Stop taking all aspirin and anti-inflammatory products(e.g. Motrin, Ibuprofen, Naprosyn, etc.) at least 7 days before surgery.

Before surgery, report any changes in your health to your surgeon immediately. If you have a cold or any signs of infection (toothaches, large boil, temperature, etc.), please call the office and appropriate action can be taken.

Take the following medications as directed:

Bextra™ 10mg

Bextra™ 20mg

QD

BID

Celebrex™ 200mg

QD

BID

Other special instructions \_\_\_\_\_

Please report to \_\_\_\_\_ at \_\_\_\_\_ Hospital

\_\_\_\_\_ AM/PM on Day \_\_\_\_\_ 200 \_\_\_\_\_ for \_\_\_\_\_

If the medication you have been given does not seem to be taking care of the problem, or if you are experiencing any difficulty in breathing, chest pain, or bleeding that you feel is excessive:

Please call Dr. \_\_\_\_\_ Telephone # \_\_\_\_\_

**If the doctor is not available, or if you need any advice, proceed to the Emergency Room.**

**Additional Advice from your Doctor, Post Operative Appointment:**

You are scheduled to see your doctor: At: \_\_\_\_\_ am / pm

On: \_\_\_\_\_, 20\_\_\_\_\_

