



**U.S. Department of Justice**  
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### **Internet Safety Tips for Kids**

- ✓ Do not post personal information online (name, age, birth date, address, telephone number, or school name). This information can be used by others to find out where you and your family live.
- ✓ Do not post your picture online – it can be copied, changed or used to find you.
- ✓ Do not post your plans and activities in a chat room or on your personal website.
- ✓ Do not communicate with someone who has made you uncomfortable or afraid. Tell your parents or a trusted adult if someone does.
- ✓ Do not meet with someone you met online without first telling your parents or guardian.
- ✓ Do not respond to hurtful or inappropriate messages.
- ✓ Do remember that people can lie online and say they are something they are not. Someone who says they are a 12-year-old girl could really be an older man looking to harm you.
- ✓ Do save messages that upset you and show them to your parents.
- ✓ Do share your password with your parents.
- ✓ Do visit [www.netsmartz.org](http://www.netsmartz.org) to learn more about Internet safety.



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### **Internet Safety Tips for Parents**

- ✓ Do teach your child not to post identifying information on the Internet.
- ✓ Do set a limit for how much time your child can spend online.
- ✓ Do keep the computer in a public room in the house. Do not have an Internetconnected computer in your child's bedroom.
- ✓ Do utilize parental controls provided by your Internet Service Provider(ISP) and/or blocking software. (Contact your ISP if you have questions).
- ✓ Do periodically review your child's computer and emails. You should have your child's password.
- ✓ Do spend time with your child online. Have them show you their favorite online destinations. Get to know your child's online friends as you would their real-life friends. Learn to navigate the web.
- ✓ Do monitor your child's access to the Internet outside the home.
- ✓ Do talk to your child about the danger of Internet predators.
- ✓ Do watch for unexplained changes in your child's behavior.
- ✓ Do NOT hesitate to seek help from law enforcement if you think a predator may be targeting your child.

For more helpful Internet safety information, visit [www.netismartz.org](http://www.netismartz.org). Netismartz.org has age appropriate videos, activities, and information for students in elementary school, middle school, and high school.