

Filling the Gaps
and
Connecting the Dots:

Improving Treatment and
Recovery through
Systems Integration

What We Know:

- **Addiction is a complex but treatable disease that affects brain function and behavior.**
- **Successful treatment of and recovery from substance abuse and addiction is best achieved through a continuum of integrated services that attend to the multiple needs of individuals and families.**
- **Treatment and recovery services need to be readily available.**

What We Know:

- **No single treatment is appropriate for everyone.**
- **Remaining in treatment for an adequate period of time is critical. At least 3 months, more effective to have 1 year.**
- **Trauma is a significant factor in contributing to substance abuse and addiction and trauma-informed care is best to address it.**
- **One of the most important elements in effective treatment and recovery is accurate empathy of service providers and peers.**

What We Know:

- **Investing in effective treatment and recovery realizes a cost savings of 7:1.**

What are the Gaps?

- **Services are not effectively integrated in a recovery-oriented system of care that realizes collective impact in communities.**
- **Not enough long-term residential treatment facilities.**
- **Not enough recovery homes and transitional housing.**
- **Not enough effective implementation of trauma-informed care.**
- **Not enough effective implementation of motivational interviewing practice.**

What are the Gaps?

- **Not enough drug courts.**
- **Not enough intensive case management.**
- **Lack of integration of information networks.**
- **Lack of funding mechanisms.**

What is the Goal?

- **Integrated services in a Recovery-Oriented System of Care Achieving Collective Impact. (e.g. Connecticut, Arizona, others)**
- **Cross-Systems Training. (e.g. NCSACW)**
- **Establish more long-term residential treatment facilities.**
- **Establish more recovery homes and transitional housing.**

What is the Goal?

- **Establish more effective drug courts.**
- **Implement more intensive case management.**
- **Increase effective implementation of trauma-informed care. e.g. “Seeking Safety”**
- **Increase effective implementation of Motivational Interviewing.**
- **Integrate information networks for data sharing.**
- **Build funding mechanisms.**

“Looks like a lot to do!”

- **We are already working on it:**
 - **Community Coalitions and Reentry Councils**
 - **Area Drug Courts**
 - **Training in Trauma-informed practices**
 - **Cross-Systems Mapping**
 - **Community Empowerment Teams**
 - **Recovery homes: S.O.B.E.R. , Hannah’s House, Oxford Houses**
 - **Intensive Case Management**
 - **This Summit!**

Resources

- **SAMHSA** www.samhsa.gov
- **NIDA** www.drugabuse.gov
- **ONDCP** www.whitehouse.gov/ondcp
- **Partners for Recovery**
partnersforrecovery.samhsa.gov
- **National Center on Substance Abuse and Child Welfare** www.ncsacw.samhsa.gov
- **Face and Voices of Recovery**
[www.facesandvoices of recovery.org](http://www.facesandvoicesofrecovery.org)
- **National Center for Trauma-informed Care**
www.samhsa.gov/nctic