

ANNOUNCING DISASTER MOBILE APP: HELP KIDS COPE

IS YOUR FAMILY READY FOR THE NEXT DISASTER?

ACT NOW . PROTECT YOUR FAMILY. DOWNLOAD *HELP KIDS COPE*.



EARTHQUAKES



EXTREME HEAT



FLOODS



HURRICANES



LANDSLIDES



TORNADOES



TSUNAMIS



WILDFIRES



WINDSTORMS



WINTER STORMS

WITH *HELP KIDS COPE*:

- Learn what to do *Before*, *During*, and *After* ten disaster types.
- Know what to say “in the moment” to help calm and support your kids of all ages.
- Hear audio clips of other parents’ experiences.
- Understand how kids commonly respond during and after disasters.
- Use the checklists to prepare your entire family before disasters.
- Explain different disasters to your kids using age-appropriate language.
- Find tips on caring for yourself—as you care for your family.
- Connect to activities, children’s books, tip sheets, and more!



HELP KIDS COPE by UCLA is free from Google Play and iTunes. Now available for Android and Apple devices (iPhone, iPad, & iPod touch). For iPad users: tap on the “iPad Only” drop-down menu and select “iPhone Only” from the menu to view the app.

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