

## **BUILDING RESILIENCE IN THE AFTERMATH OF VICTIMIZATION HELPING TRAUMA SURVIVORS TO THRIVE**

Victims of crimes, disasters or other harmful events may likely experience trauma. Whether physical or emotional, trauma can be deeply distressing and disturbing. How one deals with trauma contributes to one's ability to endure in the aftermath of victimization. Volunteers and professionals can maximize their effectiveness by employing practices that help victims to use coping and resilience skills to overcome victimization. This 8-hour interactive training will benefit probation officers, first responders, victim advocates, educators, mental health professionals, law enforcement, child protection advocates, and other professionals that interact with victimized individuals. Attendees will gain a deeper understanding of the following:

- Common ways the brain and body respond to traumatic events;
- Short- and long- term needs of trauma victims;
- Ways to help victims build and sustain coping skills;
- Trauma-informed approaches and interventions; and
- The power of resilience.

**Bonus Event:** This event is being offered along with a complimentary 8-hour training titled: Beyond the Victim Label: How Trauma Impacts Individuals, which CPSI is offering on 8/23/2018; same times and location. *Separate Registrations are required for each program.*

**August 24, 2018**

8 a.m. – 5 p.m.

Wells Fargo

Historic Springfield Community Learning Center

1601 N. Main Street

2<sup>nd</sup> Floor

Jacksonville

**\*\*NO COST\*\***

Instructor Denise Hughes-Conlon has over 20 years' experience providing treatment for offenders in Pinellas County. Denise is currently the Executive Director for Solutions Behavioral Health, an agency that works closely with the criminal justice system in treating substance abuse. She was the Clinical Director of PERC, an agency that works with people who are on probation or returning to society from prison. She is a Licensed Mental Health Counselor, a certified Master's Level Addictions Professional in the State of Florida, and is a Certified Batterers Intervention Program Provider, Assessor and Trainer. Denise has been a Pinellas County Domestic Violence Task Force member for several years, is a past president, a steering committee member and is presently a member of the Fatality Review Team. She is a member of the Association for Treatment of Sexual Abuse and past president and current board member of the Florida Association for the Treatment of Sexual Abuse. She has done training locally and nationally in the area of sex offender treatment, batterer's intervention and trauma informed care. She is responsible for initiating trauma informed care into the Pinellas ex-offender Re-Entry Coalition and is a board member for Peace4tarpon working to maintain Tarpon as a trauma informed city.

This project is supported by Award No. VF009 through the Office for Victims of Crime, Office of Justice Programs. Sponsored by St. Petersburg College, Center for Public Safety Innovation (CPSI) and the State of Florida, Office of the Attorney General.



Casual clothing is recommended. Shorts, tank tops, offensive T-shirts are unacceptable. Law enforcement personnel not in uniform that are carrying exposed firearms must prominently display agency ID and/or badge at all times while attending training. No tobacco use allowed on college property.

**Registration Link:** <http://web.spcollege.edu/survey/26646>

**Location:** Wells Fargo  
Historic Springfield Community Learning Center  
1601 N. Main Street 2<sup>nd</sup> Floor  
Jacksonville, Florida, 32206

**For assistance:** [brown.kathi@spcollege.edu](mailto:brown.kathi@spcollege.edu) 727-344-8027

**Contact:** [Morris.Wayne@spcollege.edu](mailto:Morris.Wayne@spcollege.edu) 727-341-4631

*The Board of Trustees of St. Petersburg College affirms its equal opportunity policy in accordance with the provisions of the Florida Educational Equity Act and all other relevant state and federal laws, rules and regulations. The college will not discriminate on the basis of race, color, ethnicity, religion, sex, age, national origin, marital status, pregnancy, sexual orientation, gender identity, genetic information, or against any qualified individual with disabilities in its employment practices or in the admission and treatment of students. Recognizing that sexual harassment constitutes discrimination on the basis of sex and violates this Rule, the college will not tolerate such conduct. Should you experience such behavior, please contact Pamela Smith, the director of EA/EO/Title IX Coordinator at 727-341-3261; by mail at P.O. Box 13489, St. Petersburg, FL 33733-3489; or by email at [ea\\_eo\\_director@spcollege.edu](mailto:ea_eo_director@spcollege.edu).*