

# IN HARM'S WAY

## Psychological Survival

For Law Enforcement Officers & First Responders

July 20, 2017  
Tavares

*There is a brutal truth in law enforcement...that an officer is more likely to be a victim of suicide than a homicide. More officers die from suicide than from line-of-duty deaths, yet little is being done to address this highly preventable loss.*

It is time for agencies to recognize the fact that the extreme stressors their officers and first responders face on a daily basis eventually take a toll. Every law enforcement officer, first responder, trainer, supervisor, and executive needs to know about the signs of suicide and what steps can be taken to prevent it. The stigma of asking for help must be stripped away and the need for open and frank discussion should be encouraged.



**It takes courage to ask for help.  
Be courageous.**

### Training Topics

- ♦ Awareness of law enforcement and first responder suicide
- ♦ Common myths & facts about suicide
- ♦ Building a case for wellness in public safety
- ♦ Post-traumatic stress disorder (PTSD) & depression
- ♦ Recognition of warning signs of suicidal behavior
- ♦ Intervention techniques for officers in crisis
- ♦ The Aftermath - survivors & grief
- ♦ Policies, protocols, and postvention

# Registration Information

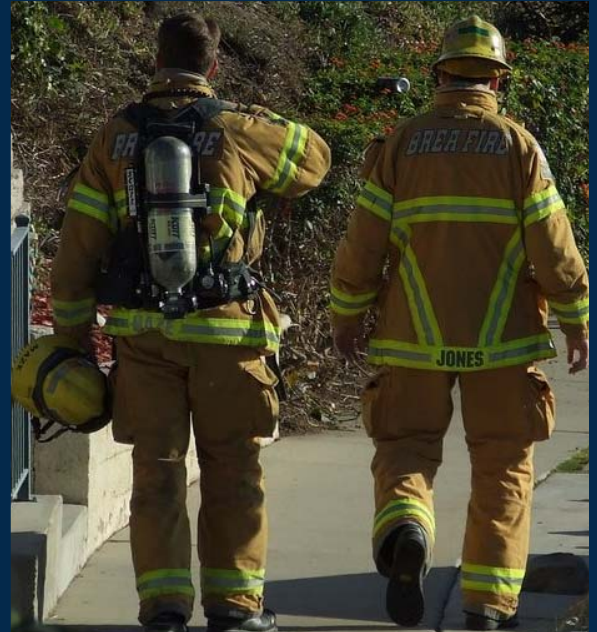
## Online Registration:

<http://web.spcollege.edu/survey/24177>

## Training Location

Institute of Public Safety  
1565 Lane Park Cutoff  
Tavares, FL 32778

**No cost to attend. Space is limited.**



## Confirmed Speakers

### **Captain James Steffens**

*Pasco County Sheriff's Office*

### **Dr. Barbara Palomino deVelasco**

*Licensed Forensic and Clinical Psychologist*

### **Donna Schulz**

*Law Enforcement Coordination Manager, Ret.  
U. S. Attorney's Office – Middle District of Florida*

### **Patrick Diggs, LCSW, BCD**

*Therapist & Behavioral Health Consultant*

*This seminar is part of a nationwide effort to inform, educate and provide assistance to law enforcement and public safety agencies on the critical issue of law enforcement and first responder suicide. This project encompasses regional conferences, train-the-trainers, speakers' bureau and a web-site for resources.*

## What you Need to Know

- ◆ The hours of the conference are 8:00 a.m. to 5:00 p.m.
- ◆ A certificate will be provided to you upon completion of the conference.
- ◆ Attire is business casual. No jeans, sneakers or t-shirts.



**For more information, please contact:**

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