

You are not alone.



Help
is available if
you are suffering
from domestic or
sexual violence.

Dial 211
More resources on back.



DEPARTMENT OF JUSTICE, DISTRICT OF VERMONT

Resources

NATIONWIDE EMERGENCY HOTLINES

National Domestic Violence Hotline

1-800-799-7233 - 24 hour
1-800-787-3224 TTY | thehotline.org

RAINN (Rape, Abuse & Incest National Network) Hotline

1-800-656-HOPE (4673) - 24 hour
rainn.org

LoveIsRespect (for Youth) Hotline

1-866-331-9474 - 24 hour
loveisrespect.org

VERMONT EMERGENCY HOTLINES

Domestic Violence Emergency Hotline

1-800-228-7395 - 24 hour | vtnetwork.org

Sexual Assault Emergency Hotline

1-800-489-7273 - 24 hour | vtnetwork.org

VERMONT STATEWIDE RESOURCES

Domestic Violence Solutions at Spectrum Youth & Family Services

802-864-7423 | spectrumvt.org

Pride Center of Vermont Safespace Program Hotline

1-866-869-7341 or 802-863-0003
pridecentervt.org/programs/safespace

Vermont Network Against Domestic and Sexual Violence

802-223-1302 | vtnetwork.org

ADDISON COUNTY

Sexual Assault Nurse Examiner Program (SANE) Porter Medical Center

802-388-4701 | portermmedical.org

WomenSafe

Hotline: 1-800-388-4205
or 802-388-4205 - 24 hour | womensafe.net

BENNINGTON COUNTY

Project Against Violent Encounters (PAVE)

Hotline: 802-442-2111 - 24 hour
pavebennington.org

Sexual Assault Nurse Examiner Program (SANE) - Southwestern Vermont Medical Center

802-442-6361 | svhealthcare.org

CALEDONIA COUNTY

The Advocacy Program at Umbrella

802-748-8645 - 24 hour (St. Johnsbury area)
umbrellanek.org

AWARE

Hotline: 1-800-228-7395 | awarevt.org

CHITTENDEN COUNTY

H.O.P.E. Works

Hotline: 802-863-1236 - 24 hour
hopeworksvt.org

SafeSpace - Pride Center of Vermont

802-860-7812 | pridecentervt.org

Sexual Assault Nurse Examiner Program (SANE) UVM Medical Center

802-847-2434 (Emergency Dept.) | ahc.org

Steps to End Domestic Violence

Hotline: 802-658-1996 - 24 hour
stepsvt.org

ESSEX COUNTY

The Advocacy Program at Umbrella

802-334-0148 - 24 hour (Newport area)
umbrellanek.org

FRANKLIN COUNTY

Sexual Assault Nurse Examiner Program (SANE) Northwestern Medical Center

1-800-696-0321 or 802-524-5911
northwesternmedicalcenter.org

Northwest Unit for Special Investigations (NUSI)

802-524-7961

Voices Against Violence

Hotline: 802-524-6575 - 24 hour
voicesagainstviolence.org

GRAND ISLE COUNTY

Voices Against Violence

Hotline: 802-524-6575 - 24 hour
voicesagainstviolence.org

LAMOILLE COUNTY

Clarina Howard Nichols Center

Hotline: 802-888-5256 - 24 hour
clarina.org

ORANGE COUNTY

Safeline, Inc.

1-800-639-7233 or 802-685-7900
safelinevt.org

Sexual Assault Nurse Examiner Program (SANE) Gifford Medical Center

802-728-2345 (Emergency Dept.)
giffordhealthcare.org

WISE

Hotline: 1-866-348-9473 or 603-448-5525
WISEuv.org

ORLEANS COUNTY

The Advocacy Program at Umbrella

802-334-0148 (24 hour Newport area)
umbrellanek.org

AWARE

Hotline: 1-800-228-7395
or 802-472-6463 - 24 hour
awarevt.org

Orleans County Special Investigations Unit / Child Advocacy Center

802-334-6002
vtchildrensalliance.org

Pride Center of Vermont Safespace Program (LGBTQH)

1-866-869-7341
pridecentervt.org

Sexual Assault Nurse Examiner Pro- gram (SANE) North Country Hospital

802-334-7331 | nchsi.org

RUTLAND COUNTY

NewStory Center

Hotline: 802-775-3232 - 24 hour | nscvt.org

Sexual Assault Nurse Examiner Program (SANE) Rutland Regional Medical Center

802-747-3606 (Emergency Dept.) | rrmc.org

WASHINGTON COUNTY

AWARE

Hotline: 1-800-228-7395
or 802-472-6463 - 24 hour | awarevt.org

Circle

877-543-9498 | www.circlevt.org

Sexual Assault Crisis Team (SACT)

Hotline: 802-479-5577 - 24 hour
sactvt.org

Sexual Assault Nurse Examiner Program (SANE) Central Vermont Medical Center

802-371-4100 | cvmc.org

WINDHAM COUNTY

Sexual Assault Nurse Examiner Program (SANE) Grace Cottage Hospital

802-365-7357 | gracecottage.org

Sexual Assault Nurse Examiner Program (SANE) Brattleboro Memorial Hospital

802-257-0341 | bmhvt.org

Women's Freedom Center

Hotline: 1-800-773-0689 or 802-254-6954
womensfreedomcenter.net

WINDSOR COUNTY

Safeline, Inc.

(Serving parts of Windsor County)
Hotline: 1-800-639-7233
safelinevt.org - 24 hour

Sexual Assault Nurse Examiner Program (SANE) Mt. Ascutney Hospital & Health Center

802-674-6711 | mtascutneyhospital.org

Sexual Assault Nurse Examiner Program (SANE) Springfield Hospital

802-885-2151 | springfieldhospital.org

Women's Freedom Center

Hotline: 802-885-2050 (So. Windsor)
womensfreedomcenter.net

Women's Information Service

Hotline: 1-866-348-9473
wiseoftheuppervalley.org

WomenSafe

1-800-388-4205
or 802-388-4205 - 24 hour hotline
(serving Rochester) | womensafe.net

Vermont 211

Dial 211 for free & confidential service.